

Personalized pain care that gets you moving

Relieve joint and muscle pain with personalized exercise therapy at no cost to you.



To learn more and apply, scan the QR code or visit hinge.health/archdioceseofcincinnati

Hinge Health está disponible en español

Alivia los dolores articulares y musculares y previene las lesiones con tus beneficios de salud gratuitos. Únete ahora.

Employees and dependents 18+ enrolled in an Anthem medical plan through the Archdiocese of Cincinnati are eligible.

